

About Us

Dr. Tenia Davis is a nationally recognized leadership strategist, author, and senior HR executive known for her warm, research-informed approach to developing inclusive, resilient, and high-performing leaders. With extensive research in leadership development programs, organizational behavior and decades of experience guiding organizations through change, she brings clarity, compassion, and strategy to every engagement. Dr. Davis is passionate about cultivating workplaces where feedback fuels growth, values driven action, and joy is a leadership strength.

Mantra

"Rooted in values. Rising in vision, and Leading with heart."

Shape Your Leadership Legacy

Welcome to Empowered Leadership

Partner with us to bring dynamic, research-informed leadership development to your organization. Whether you're leading a corporation, nonprofit, or small business, these workshops are designed to cultivate bold, values-driven leaders at every level.

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Tenia
Davis, PhD

Leadership
Development Expert

Benefits of Our Workshops

- Strengthen strategic thinking and decision-making at every leadership level
- Improve communication, feedback, and coaching across your organization.
- Equip leaders to navigate complexity and lead through change with confidence.
- Engaged teams show 21% greater profitability (Gallup, 2023).
- Leadership development increases agility by 29% across cross-functional teams (Brandon Hall Group, 2023).
- Companies with inclusive leadership teams are 1.8x more likely to be high-performing (McKinsey, 2020).

Workshops

Visionary Leadership in Action

Focus: Strategic foresight, influence, and purpose alignment

Ideal for: Senior Leaders & Executive Teams

Takeaway: Participants create a personal leadership vision roadmap to align team and enterprise goals.

Executive Presence & Persuasive Communication

Focus: Presence, storytelling, and gravitas

Ideal for: High-potentials, managers, public-facing leaders

Takeaway: Practice high-stakes messaging and presence techniques in live feedback rounds.

High-Performing Teams: From Conflict to Collaboration

Focus: Team dynamics, conflict transformation, trust-building

Ideal for: Team leads, cross-functional groups

Takeaway: Group-developed team charter and conflict reset toolkit.

Servant Leadership for Modern Managers

Focus: Empathy, empowerment, and accountability

Ideal for: Mid-level managers, new people leaders

Takeaway: Personalized action plan to lead from purpose, not power.

Leading Through Feedback

Focus: Giving and receiving feedback that drives growth

Ideal for: Supervisors, HR leaders, team leads

Takeaway: Coaching-based feedback model + feedback lab practice sessions.

Coaching Skills for Leaders

Focus: Listening, curiosity, and growth-centered conversations

Ideal for: Managers, senior leaders, development professionals

Takeaway: Hands-on practice in real coaching scenarios; build a coaching culture.